HOW TO PERFORM
HAJJ & UMRAH
(Step by Step)

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SUMMARY OF THREE KINDS OF HAJJ

HAJJ-E-TAMATTU'
- Umrah before Hajj
- But performed with separate Ihram
- Abandon Ihram after Umrah with no slaughter of animal
- Resume Ihram on the 8th of Zul-Hijja.

HAJJ-E-QIRAN
- Umrah and Hajj is combined with or without the animal sacrifice
- Ihram maintained throughout

HAJJ-E-IFRAD
- Ihram adopted with intention of Hajj Only

UMRAH AND HAJJ IN TWO PARTS

UMRAH AND HAJJ IN ONE IHRAM

HAJJ WITHOUT UMRAH

No Slaughter

Should Slaughter

Should Slaughter
ESSENTIAL ITEMS

- Ihram Clothes
- Sandals
- Personal Clothes
- Umbrella
- Money
- Passport and Plane Ticket
- Vaccination Card
- Prescription Medicines
ESSENTIAL ITEMS

- Sun glass with strap
- Camera
- Safety Pin
- Pocket Qura’n
- Portable water thermos
- Counter Medications: Chloraseptic, Sore Throat Lozenges, Sudafed, Tylenol, Pepto-Bismol Coughing medicine
Men’s Ihram

Ihram for men consists of two pieces of white, unsewn cloth. One of the piece (izar) is wrapped around the midriff to cover his body from just above his navel to his ankles, and the other (Rida) is draped around his shoulders to cover the upper body.

Idtiba: is practiced only while actually performing Tawaf ul Qudoom
Women Ihram

According to many *hadiths*, it is not necessary for a woman to wear special clothing while in a state of *ihram*. Women are expected to wear clothing that conceals the shape and covers the body completely, leaving only their faces and hands exposed. According to some authors, however, gloves can be worn.
Hujjaj must put on Ihram at/before one of these Miqat Locations.
"Here I am, O Lord, here I am, You indeed have no partner, here I am.

No Doubt, all praise and bounties are yours, and so is the absolute Domain. You indeed have no partners, here I am"
Masjid Al-Haraam
TYPE OF TAWAF

• **Tawaful Qudoom:**
  Initial Tawaf when pilgrims enter for the first time in the Masjid ul-Haram. This is the only time that requires Ihram with Idtiba (Leaving right armpits uncover)

• **Tawaful-Ifada:**
  Performed on the 10th of Thul Hijja – The first day of Eid

• **Tawaful-Wadaa:**
  Farewell Tawaf before leaving Makkah

• **Tawaful-Nafl:**
  Extra Tawaf that the pilgrims can perform at any time during their visit in Makkah with/without Ihram
Tawaf

Tawaf starts from Hajar-ul-Aswad (Black Stone) & circle around Kab’bah counter-clockwise.

The Yamani Corner

Hijr Isma’il

Abraham’s Station

To Zamzam and Safa
SA’IY
7 RUNS BETWEEN SAFA & MARWA

The Sa’iy Area is approximately ½ Km each round
The total seven rounds is less than 3.5 km.
HOW TO PERFORM UMRAH

1. GENERAL BODY CLEANING (GHUSL)
2. PROCLAIM THE NIYA (intention) FOR UMRAH
3. PUT ON IHRAM AT/BEFORE MIQAT
4. PRAY TWO RAK’AT NAFL
5. PUT ON IHRAM AT/BEFORE MIQAT
6. MAKE TAWAF AROUND KA’BAH 7 CIRCIRTS (Counterclockwise)
7. GO TO MASJID AL-HARAM
8. RECITE TALBIYA FREQUENTLY
9. HAIR CUT SHAVE / CLIP
10. REMOVE IHRAM
11. DRINK ZAMZAM WATER
12. SA’IY (SEVEN RUNS BETWEEN SAFA & MARWA)
13. CONGRADULATION - UMRAH IS COMPLETED PUT ON USUAL CLOTHES
Pray 2 Rak’ats Near MAQAM-I-IBRAHIM

SA’IY
(Seven Runs Between Safa & Marwa)
FIRST DAY OF HAJJ (8 ZUL-HIJJAH)

YOU ARE IN MINA

1. PUT ON IHRAM
2. PRAY TWO RAK'AT NAFL
3. PROCLAIM THE NIYA (intention) FOR HAJJ
4. Are PERFORMING HAJJ TAMATTU’
   - Yes
   - NO
5. ARE PERFORMING HAJJ TAMATTU’
   - MAKE TAWAF KA’BAH
   - 7 CIRCUITS (Counterclockwise)
6. DRINK ZAMZAM WATER
7. PRIVILEGED TO PUT ON IHRAM
   - SA’IY (SEVEN RUNS BETWEEN SAFA & MARWA)
8. RECITE TALBIYA FREQUENTLY
9. GO TO MINA BEFORE ZUHR
10. OFFER ZUHR, ASR, MAGHRIB, ISHA IN MINA
    - Shortened But At Its Own Time
11. STAY OVERNIGHT IN MINA
12. FIRST DAY OF HAJJ IS COMPLETED
MINA
SECOND DAY OF HAJJ (9 ZUL-HIJJAH)

**YOU ARE IN ARAFAT DURING THE DAY**

- **SECOND DAY OF HAJJ**
- **YOU ARE IN MINA**
  - **PRAY FAJR IN MINA**
  - **THEN GO TO ARAFAT**
  - **PRAY ZUHR & ASR IN ARAFAT**
    (Shortened & combined)
  - **STAY IN ARAFAT TILL SUNSET**
    - **DO NOT PRAY MAGHRIB**
  - **GO TO MUZDALIFA AFTERT SUNSET**
  - **STAY OVERNIGHT* IN MUZDALIFA**
  - **PICK UP 49 PEBBLES**
    (very small stones)
  - **SECOND DAY OF HAJJ IS COMPLETED**

*Weak individuals or old women are allowed to proceed to Mina at any time after midnight.*
Jabal Al-Rahma in ARAFAT
Muzadifa

Picking up Pebbles

(Stay Overnight* on 9th of Zul Hijja)

* Old Women or Weak Individuals are allowed to proceed to Mina after midnight
THIRD DAY OF HAJJ (10 ZUL-HIJJAH)

FIRST DAY OF EID (STAY IN MINA)

THIRD DAY OF HAJJ YOU ARE IN MUZDALIFA

AFTER PRAYING FAJR GO TO MINA

GO TO JAMARATUL ‘AQABAH (Last Pillar) & STONE THE PILLAR

ARE YOU PERFORMING HAJJ IFRAD?

YES

NO

NO

SA’IY 7 RUNS BETWEEN SAFA & MARWA

YES

ARE YOU PERFORMING HAJJ TAMATTU?

THIRD DAY OF HAJJ IS COMPLETED

GO TO MINA AFTER PRAYING FAJR

AFTER HAIR CUT SHAVE/CLIP

SACRIFICE ANIMAL

MAKE TAWAF AL-IFADHA (SEVEN CIRCUITS)

PRAY 2 RAK'ATS NEAR MUQAM-I-IBRAHIM

DRINK ZAMZAM WATER

ARE YOU PERFORMING HAJJ TAMATTU?

THIRD DAY OF HAJJ IS COMPLETED

GO BACK TO MINA STAY OVERNIGHT IN MINA

REMOVE IHRAM AND PUT ON USUAL DRESS
HAIR CUT
SHAVE / CLIP

Cutting Women’s Hair

Cutting / Shaving Men’s Hair
Sacrifice on the Day of Eid

Booths around Makkah and Mina have been set up by the Islamic Development Bank (IDB) to facilitate buying coupons for slaughtering and distributing sacrificial animals.

Mina Slaughter House:
Pilgrims can go here to witness their sacrifice
FOURTH DAY OF HAJJ (11 ZUL-HIJJAH)

2ND DAY OF EID (STAY IN MINA)

FOURTH DAY OF HAJJ
YOU ARE IN MINA

AFTER ZUHR
GO TO ALL THREE JAMARATS

FIRST JAMRAH
(JAMARATUL OOLA)
THROW SEVEN PEBBLES

MUST STAY
IN MINA

THIRD JAMRAH
(JAMARATUL AQABA)
THROW SEVEN PEBBLES

SECOND JAMRAH
(JAMARATUL WUSTA)
THROW SEVEN PEBBLES

FOURTH DAY OF HAJJ IS COMPLETED
Jamaraat
FIFTH DAY OF HAJJ (12 DHUL-HIJJAH)

3RD DAY OF EID (STAY IN MINA)

You may visit historical places in Makkah.

Before sunset, you must go to Makkah or must stay in Mina.

First Jamrah (Jamaratul Oola) - Throw seven pebbles.

Before leaving Makkah, must perform Tawaf-Ul Wadaa’.

Now HAJJ is completed. Congradulation!

You may go to Madina (if did not go before).

Second Jamrah (Jamaratul Wusta) - Throw seven pebbles.

Third Jamrah (Jamaratul Aqaba) - Throw seven pebbles.

FIFTH DAY OF HAJJ - You are in Mina.

After Zuhr, go to all three Jamarats.

You may go to Makkah (if did not go before).
HISTORICAL PLACES OF MAKKAH

Birth place of Prophet:

The house where the Holy prophet was born is situated in Suq Al-Lail Street. At this place, there exists a library today. If you come out of Haram near Safa hill, this house is about two furlongs away on the right side.

Masjid Al-Haram
The cave of the First Qur'anic Revelation (Cave of Hira) on the Mountain of Light (Jab al Noor)

Cave of Thaur. A cave in the mountain where The Holy Prophet (S.A.W.) and Hadhrat Abu Bakr Siddique(R.A.) took refuge
Inside Jannat al-Mualla. Behind the white wall where you see people standing is where the Prophet's [s] family members are buried i.e. Abu Talib [a], Abdul Muttalib [a], Sayyida Khadija [a], etc. Looking through the grilled windows on the wall, one can see a white rectangle on the ground (partially visible in the 2nd pic). This is the grave of Ummul Mu'mineen Sayyida Khadija [a], the wife of the Prophet [s] and mother of Sayyida Fatima az-Zahra [a]

Masjid Shajarah. Not to be confused with the Masjid Shajarah in Madina (Miqat), this is where the Prophet [s] camped when he was stopped by the Meccan leaders from performing Hajj. Thereafter the Treaty of Hudaybiya was signed. This mosque is a little further to the left of Masjid Hudaybiya when coming from Masjid al-Haram
HISTORICAL PLACES OF MAKKAH

Masjid Jinn. The Prophet [s] was reciting the Qur'an here when a group of jinn passing by heard him. They were impressed and converted to Islam. A verse of the Qur'an in Sura Jinn narrates this incident.

Masjid Hudaybiya. This is where the Treaty of Hudaybiya was signed and where the Meccan leaders asked the words in the treaty "Muhammad Rasulullah" to be replaced with "Muhammad bin Abdullah". This mosque is on the way to Jannat al-Mualla from Masjid al-Haram.
Masjid Nabawi

MADINA TUL MUNAWARA
Inside Masjid Nabawi

Graves of Prophet Mohammad (swt), Abu Bakr Siddique (RA) and Umar Al Farooq (RA)
Inside Masjid Nabawi

*Rawdatul-Jannah*

The Prophet (saw) said, 'There is a garden from the gardens of Paradise between my house and my pulpit, and my pulpit is on my lake (i.e. al-Hawd al-Kawthar).' [Saheeh al-Bukharee (vol. 3, no. 112)]
HISTORICAL PLACES OF MADINA

Jabal Uhud
HISTORICAL PLACES OF MADINA

This is the very first mosque of Muslim. The Prophet Muhammad and his companions built it with their own hands. According to authentic Hadith “To offer 2 Rakaats of Nafil in this Masjid is equal to one Umrah”

In this Masjid, Allah (swt) directed Prophet Muhammad (saw) in the middle of a salaat to turn his face from Islam's first Qibla, "Bait-ul-Muqaddas", (Masjid Alaqs in Jerusalem) to "Ka'ba" in "Masjid al-Haram" in Makka. Consequently, this mosque is known as a mosque with two qiblas (Qiblatayn)
HISTORICAL PLACES OF MADINAH

Masjid Ghamama
The mosque of clouds derives its name from the occasion when the Prophet prayed for rain and suddenly clouds appeared and rain fell. The mosque is located close to the Masjid al-Nabai (the Prophet's Mosque).

Masjid Juma
It is near Bustan al Jaza in the valley Zanuna to the east on the new road to Quba. The Messenger of Allah prayed the first Friday there.
HISTORICAL PLACES OF MADINA

Janatul Baqi

QABRE-E-HAZRAT IBRAHIM BIN PAYGHMBER MOHAMMAD (P.B.U.H.) (MADINA)

QABRE-E-ABDULLAH BIN JAFER-E-TAYYAR AND AQIL BIN ABU TALIB (MADINA)
HISTORICAL PLACES OF MADINA

Map of Janatul Baqi

- Masjid Nabawi
- Martyrs of Uhud
- Imam Shafi
- Imam Malik
- Imam Hassan bin Ali
- Abbas bin Abdul Mutilib, Prophet's uncle
- The Prophet's wives (Aisha, Maymunah, Hafsa, Safiyyah, Umm Abeebah, Umm Salmah, Zaynab, Juwarieha)
- Original Entrance
- Masjed Nabawi
- Imran bin Affan
- Ali bin Abi Talib St
- Abdul Aziz Street
- Abu Dhar Street

Legend:
- Yellow: Historical Places

Map of Janatul Baqi

- Baqi's First Boundary
- Masjid Nabawi
- Abdul Aziz Street
- Abu Dhar Street
- Ali bin Abi Talib St
- Martyrs of Uhud
- Imam Shafi
- Imam Malik
- Imam Hassan bin Ali
- Abbas bin Abdul Mutilib, Prophet's uncle
- The Prophet's wives (Aisha, Maymunah, Hafsa, Safiyyah, Umm Abeebah, Umm Salmah, Zaynab, Juwarieha)
حجة مبروراً و ذنبًا مغفوراً