

In the name of Allah, the Most Gracious, the Most Merciful

# Muslim Center of New York

137-58 Geranium Avenue Flushing, NY 11355 Tel.: (718) 460-3000, 445-2642 Fax: 445-2175

www: muslimcenter.org

email: muslimcenter@gmail.com

## Newsletter

Volume 39 Issue 9  
Ramadhan 1439 A.H.  
May/June 2018

**“Invite with wisdom and beautiful preaching to the way of your Lord and convince them the best way” (Al-Qur’an 16:125)**

### The Fiqh of Fasting

Fasting the month of Ramadan is one of the five pillars of Islam. The Companion Abdullah ibn Umar (RA) said, “I heard the Messenger of Allah (SAW) say: ‘The religion of Islam is based upon five (pillars): testifying that there is no deity except God and Muhammad is the Messenger of God; establishing the prayer; giving zakat; making pilgrimage; and fasting (the month) of Ramadan.’” [Bukhari; Muslim] In truth, fasting the month of Ramadan is one of the greatest acts of worship a believer can perform. It is an act that cleanses one’s mind, body, and soul from the spiritual and physical impurities of this world. It is an act that brings the hearts of Muslims together on a world-wide level as they endeavor to practice the virtue of self-discipline in unison. And it is an act that satiates the hungry soul for its eagerness to please the Lord of the Worlds.

The act of fasting was also practiced by previous religious communities. Likewise, it has been ordained for the followers of the Prophet Muhammad (SAW). Allah All-Mighty says in the Quran, “O ye who believe! Fasting is prescribed onto you as it was prescribed onto those before you, that perhaps ye may (learn) self-restraint.” [Surat Al-Baqara, v. 183]

#### What is Fasting?

Linguistically, the word fasting in the Arabic language means unconditional ‘restraint’ (imsak) from any action or speech during any time.

**According to the Sacred Law, fasting is the act of:**

- a. refraining from engaging in sexual activity, and
- b. refraining from entering anything into the body cavity,
- c. whether deliberately or accidentally,
- d. from the time the sun begins to rise to the time the sun sets
- e. accompanied with the intention of fasting
- f. from individuals who are permitted to fast.

#### When Does Fasting Become Obligatory?

Fasting the month of Ramadan is obligatory upon every Muslim, male and female, who is sane and pubescent. This ruling also applies to making up any unperformed Ramadan fasts whether due to an excuse or one’s own remissness. Therefore, a person is obliged to makeup missed Ramadan fasts.

#### Who Is Excused From Fasting the Month of Ramadan?

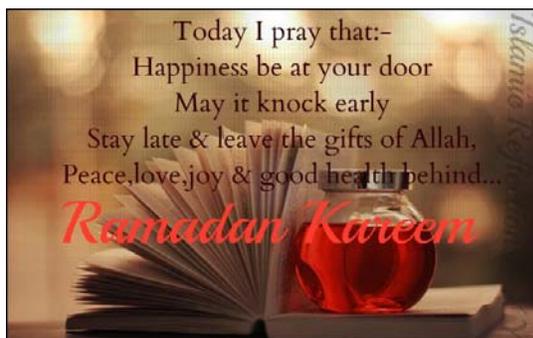
Fasting the month of Ramadan is not obligatory upon a menstruating woman because fasting is not permitted while she is in this state.

Illness can excuse a person from fasting if one

reasonably fears that the act of fasting would increase the sickness or slow the recovery process. The same ruling applies to a woman who is pregnant or breastfeeding and reasonably fears that fasting will harm her or her baby.

A traveler is also excused from fasting if he initiates his journey before the time of Fajr enters. However, it is better that he fasts providing that this does not cause undue hardship

All of the aforementioned individuals are obliged to make up their missed fasts once Ramadan has ended in a time that they are able. There is no expiation for a person who delays making up their missed fasts, though it is superior to make them up immediately if they are able.



### Sadaqatul Fitr, Zakah & Sadaqah

*Alhamdulillah*, your Center has organized a program to help the widows, the orphans and the needy Muslim families on monthly and emergency basis. Please send your Zakah, Sadaqat, Fitr and other charity to help the needy in our community.

**Sadaqatul fitr is \$7.00 per person** for every member of the family including the new born baby and it must be paid before Salatul Eid. *JazakAllah Khairan Katheera!*

### Ramadhan Iftar Sponsorship

Please mail us the enclosed card if you would like to sponsor Iftar & Dinner

**Please Donate Generously in Ramadhan to Muslim Center**  
visit our Website and donate online by using Paypal.

### Ramadhan Program

**All events subject to moon sighting**

- Daily Iftar
- 2nd Taraweeh at MCJH School: To encourage young Huffaz to lead and listen the Qur’an, supervised by Hafiz Aziz Ahmed
- Message of Recitation of A I - Qur’an weekends only. Community Iftar & Fund Raising Dinner.
- Ramadhan the month of blessing with Br. Abdelghani
- Lailatul Qadr: 27th night of Ramadan
- Khatm-e-Qur’an: 29th night of Ramadan
- Hadith Session: Everyday after Salatul Fajr.
- Tafseer Study Session: Every Sunday  
1:30 PM—2:00 PM.

#### Students Program

**Daily Qur’anic School**  
Mon—Thu 3:00 P.M. to 6 :00 P.M.

**Full Time Hifz School**  
9:00 A.M. to 1:00 P.M.

**Junior High School**  
From Pre K to 8th Grade  
718-460-2127

#### Wishing

**you and your family**

**A blessed Ramadan  
Ramadan Mubarak!**

*Keep up on the events at your Center*

*Visit our Website*

*Http://www.muslimcenter.org*

*Muslimcenter Email*

*muslimcenter@gmail.com*

*(Please Turn Over)*